
alley oop halfpipes-alley oop's

Posted by gdharrie - 2010/02/17 11:17

To do an alley-oop on your toe side wall, try to follow my instructions, which hopefully I'll explain well enough for you to understand. Coming up the wall with sufficient speed to be able to rotate your body (use your own judgement), pre-load your upper body by rotating your leading shoulder back towards your tail. Keep looking up the wall and as you reach the lip, pop off the toese side edge of your board, drive your shoulder in the same direction it was rotated in and keep your hands in front of your body. This will spin you parallel to the edge of the pipe, where you'll be able to see the wall just below you. The momentum of the rotated shoulder will keep you spinning until your nose is pointed back down perpendicular to the halfpipe's lip. That's an alley-oop. On the heel-side wall, just pre-load your upper body with your rear shoulder rotating more towards the tail of the board. Keeping your hands in front of you, pop off the lip from your heelside edge, drive your shoulder towards your tail and watch as the world spins by. Backside alley-oops (heelside's) are much harder to learn at first because you can't see the pipe until you are almost on the wall. It's more of a practice and instinct trick. Good luck (that was fun!) Powder to the People, Geof Harries
